

SACRED HEART News



SACRED HEART
PRIMARY SCHOOL
DIAMOND CREEK

Working together to build a learning community that embraces faith, diversity & personal growth



Principal's Message

Next Friday 7 June is the Feast of the Sacred Heart and we're celebrating with a host of fun activities for families and students!

The Feast of the Sacred Heart is a special occasion in the Catholic calendar - and particularly meaningful for our School, as our namesake.

This day is dedicated to honouring the immense love and compassion of Jesus Christ and invites us to reflect on His boundless love for each of us.

We invite you to celebrate this special occasion and help our students understand and appreciate this significant day by joining us for Morning Mass followed by a Family Craft Activity.

Students will then enjoy a Special 'Feast Day' Lunch and whole-school Disco supervised by staff.

We invite families to return in the afternoon to celebrate and farewell Mr Jim O'Sullivan.



JOIN US!

- **Morning Mass - 9.15am:** Our festivities begin with a whole-school Mass led by Fr Steven Rigo at the Sacred Heart Church; we warmly welcome all families to join us for this special occasion.
- **Family Craft - 10am:** Following Mass, we will engage in a craft activity within our family groups until 10.50am; we encourage families to participate and work alongside the children.
- **Mr O'Sullivan Farewell - 2.30pm:** We invite the entire community to gather in the Welcome Courtyard to celebrate Mr Jim O'Sullivan and his 19 years of dedicated service as Principal at Sacred Heart.

We encourage you to join us in fostering a spirit of love and charity in our community, echoing the sacred heart of Jesus in our daily lives.

We look forward to sharing this joyful day with you all!

Mrs Gina Murphy
Principal

Mrs Jacinta Dalton
Deputy Principal

UPCOMING EVENTS

Parents & Friends Meeting
Monday 3 June, 7.30pm
📍 In the Administration Building

'Feast Day' Lunch Orders Due
Wednesday 5 June

World Environment Day
Wednesday 5 June

Sacred Heart Feast Day
Friday 7 June

Family Mass, 9.15am
📍 Sacred Heart Church

Family Craft Activity, 10am-10.50am
📍 In the classrooms

Mr O'Sullivan Farewell
Friday 7 June, 2.30pm
📍 In the Welcome Courtyard

Parents & Friends BBQ
Sunday 9 June, 8am-4pm
📍 Eltham Bunnings

KING'S BIRTHDAY - SCHOOL CLOSURE
Monday 10 June

Confirmation Faith Night
Tuesday 11 June, 5.30pm
📍 St Thomas, Greensborough North

Foundation Excursion
Tuesday 11 June
📍 Bundoora Heritage Village

EACH WEEK

Interschool Sport v Greenhills
Friday 31 May
📍 Away

Assembly
Each Monday at 3pm
📍 In the Community Centre

AUSKICK at Sacred Heart
Each Wednesday
📍 On the School Oval



SACRED HEART PRIMARY SCHOOL
DIAMOND CREEK



In Recognition of Service
Mr Jim O'Sullivan!



Join us as we celebrate Mr Jim O'Sullivan's extraordinary 19-year service as Principal of Sacred Heart Primary School.

We invite special guests, past and present School families, Sacred Heart parishioners and community members to mark this significant event.

Friday 7 June
2.30pm
In the Welcome Courtyard
📍 25 Gipson Street, Diamond Creek

Contributions

Contributions towards a farewell gift can be made via CDF for School families or at the School Office.

We look forward to you joining us

Join us next Friday!

We warmly invite the Sacred Heart community to join us to farewell Mr Jim O'Sullivan and celebrate his incredible contribution and dedication to our School.

Mr O'Sullivan dedicated his professional life to nurturing young minds and fostering a love for learning. His leadership, compassion and unwavering commitment to education have inspired generations.

Please Join Us

Friday 7 June
2.30pm

📍 In the Welcome Courtyard

Contributions

Families are invited to contribute towards a farewell gift; please see CDF or visit the School Office to do so **by Monday 3 June**.

Further Information

✉ gmurphy@shdiamondcreek.catholic.edu.au

HAVE YOUR SAY

Sacred Heart *Community Voice*

WORDS OF KINDNESS FOR MR O'SULLIVAN

As Mr Jim O'Sullivan's farewell draws closer, we've received many messages from well-wishers; here are some:



Laura Jones
Amazing achievement Jim. Enjoy your retirement. Loved my time at Sacred Heart working alongside you ❤️
1 d Love Reply Message Hide 1 🗳

Vicky Jardine
On behalf of the Jardine family, Wayne & I wish Jim all the very best for his retirement!! We are proud of his achievements and service to our children, Eden & Alex during their time at Sacred Heart !! Enjoy Jim and thank you !! 🙏
Vicky Jardine 🙏🙏
1 d Love Reply Message Hide 1 🗳

Sacred Heart Primary School
Vicky Jardine thank you so much for your very kind message! ❤️🙏
1 d Like Reply



LOTS OF LOVE FOR AUSKICK!

My son and daughter have been taking part in Wednesday night Auskick at Sacred Heart and they are absolutely loving it. For anyone who has kids that are keen but find the Fridays a bit hectic, Wednesday is the way to go! My daughter is 5 in 4 year old kindergarten this year and she is having an absolute blast. The smaller size means more one-on-one time with the coaches and less waiting around. They are trying to get some more local girls involved (more boys of course welcome too!) and I could not recommend this more.

Brooke

There's still time to register & join the fun!

➡ <https://www.playhq.com/afl/register/9ed653>



Top left: Mrs Llewellyn & her husband; top right; furbaby Churchill; bottom; with Tia & Keenan

Get to know... Mrs Llewellyn!

Hello, my name is Natasha Llewellyn but everyone calls me either Tash or Mrs Llewellyn at Sacred Heart.

This is my fourth year as a Learning Support Officer here at this beautiful School.

I spent my first two years in Foundation and am now working in the 3/4 area.

I feel very privileged to support your children on their learning journey. Every day is different and yet special.

In addition to Learning Support, this year I have taken on the role of Staff Wellbeing Leader.

Promoting and supporting mental, physical and emotional wellbeing is something I feel very passionate about.

Some of the activities we have participated in together are staff wellbeing walks, staff yoga classes, a movie night and recently a bingo social event.

When I am not at Sacred Heart I enjoy spending time with my family and fur baby, Churchill.

My husband and I have been married since 1999 and we have two beautiful children, Tia and Keenan.

When I have some downtime, I enjoy reading, walking, gardening, playing my saxophones or teaching myself how to play the piano.

WELLBEING



Yoga at Sacred Heart

Come and join in our gentle flowing yoga at Sacred Heart!

**Monday evenings
7pm-8.30pm
📍 In the Community Centre**

Welcoming members of the public, learn the skills to calm the mind, meditate, gently tone the body and enjoy a deep relaxation.

Further Information

Check out the True Breath website

➡ www.truebreath.com.au





Spotlight on Year 5/6

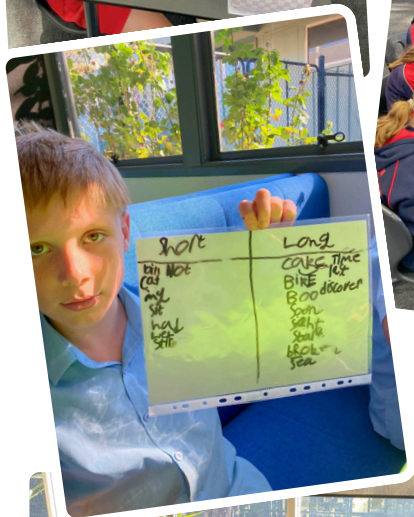
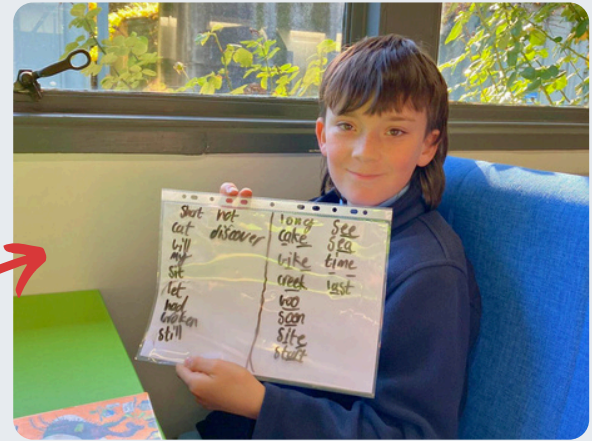
There has been lots of great learning in 5/6 this week!

We have been using literature circles as a way to explore novels in meaningful ways.

Students take turns at having specific roles so that when combined, students can have rich discussions about the content of the texts including themes, vocabulary, comprehension and ways in which they can connect the text to their own lives, other texts and the world around us.

In writing and inquiry, we have been continuing to explore immigrants, refugees and asylum seekers and students are beginning to create fictitious profiles of a person in these categories.

Check it all out!





Every Day Counts

There's a relationship between how much a child attends school and their overall school experience.

At Sacred Heart, we are here to support our students, parents and families with regular attendance, which research shows is intrinsic to a child's academic and social success.

The 'Every Day Counts' initiative emphasises the importance of regular attendance, recognising that multiple absences can disrupt learning and make it harder for teachers and students to keep up.

Students who attend school consistently:

- **achieve higher academic results**
- **develop better social skills**
- **are linked to better future job opportunities and higher earnings.**

And missing school leads to difficulties in learning, forming relationships and emotional wellbeing.

We recognise that some families may face challenges with regular school attendance at times during their child's educational journey.

Support for Absence Requests

Understand Root Causes: If your child doesn't want to attend, try to understand the real reason. Are they feeling unwell or is there an underlying issue at home or school?

Explore, Explain, Empower: Discuss the importance of attending school and work together to find solutions if there are deeper concerns.

Reach Out: With open communication, we can understand your child's school experience and overall wellbeing. If your family needs support, we are always here to help, please speak with your child's teacher.

For further information, visit happyfamilies.com.au.

Source: Dr. Justin Coulson, parenting expert, co-host of Channel Nine's Parental Guidance, and host of The Happy Families Podcast.

Have you heard of 'Box Breathing'?

This week across the School, Open Parachute has helped us to understand it's normal to have negative thoughts when we are struggling with something tricky.

Students have learnt there are helpful things they can do to calm themselves when they are struggling.

Box breathing is one such way we can practise the skill of self-soothing to re-frame our thinking!

What is box breathing?

Box breathing, also known as four-square breathing, is a simple and effective breathing exercise that can help reduce stress and promote calmness!

Here's how to do it:

- 1. Inhale:** Breathe in slowly and deeply through your nose for a count of four.
- 2. Hold:** Hold your breath for a count of four.
- 3. Exhale:** Exhale slowly and completely through your mouth for a count of four.
- 4. Hold:** Hold your breath again for a count of four.

Repeat this cycle several times.

This helps regulate breathing, calm the mind, and reduce stress and anxiety.

You can try it at home!

This technique can be used anywhere and anytime you need to relax and regain focus; see the link for more information and activities:

➤ [Open Parachute](#)

Yours in wellbeing,

Ms Kerry Neilson
Wellbeing Leader

just
BREATHE



All about *Feast Days!*

Feast days are special celebrations in the Catholic Church that honour important events, saints and figures from the Bible.

They serve as reminders of faith, history and the examples set by these holy people. But why are they so important?

First, feast days help us remember the lives of saints and their good deeds. Saints are people who lived holy lives and followed God's teachings.

By celebrating their feast days, we learn about their virtues, courage and dedication to helping others. This inspires us to be kind, brave and faithful in our own lives.

Additionally, feast days mark significant events in the life of Jesus, Mary, and other key figures in the Bible.

For example, Christmas is a feast day that celebrates the birth of Jesus, while Easter celebrates His resurrection.

These days remind us of the important messages of love, hope and redemption.

Importantly, feast days bring the community together. They are times of joy, prayer and reflection.

Schools, churches and families often come together to attend Mass, share meals and participate in fun activities. This strengthens our sense of belonging and faith.

Feast days are a vital part of the Catholic tradition, teaching us about our faith, inspiring us to live better lives and bringing us closer as a community.

Mrs Claire Molina
Religious Education Leader

SACRED HEART PARISH



Fr Steve's
Homily

Discover the True Meaning of Loneliness and Connection

In today's world, loneliness is more than just solitude - it's a deep, alienating experience that even social media can't fix.

But what if understanding our loneliness begins with understanding the nature of God?

Explore how our perception of the Trinity can transform our relationships and sense of community.

Discover why true human connection is essential and how we can emulate divine love in our lives.

Dive deeper into our weekly messages; [click here for the full homily.](#)

Fr Steven Rigo
Sacred Heart Parish Priest

Parish *Mass Times*

All Welcome!

📍 Sacred Heart Diamond Creek

Wednesday, 9.15am

Friday, 9.15am

Sunday, 9am

📍 St Peter's Hurstbridge

First Saturday of the Month, 7.15pm





Bunnings BBQ



Come and celebrate the King's Birthday with our Parents & Friends Bunnings Barbecue!

COME AND SAY HI NEXT SUNDAY!

Sunday 9 June

From 8am to 4pm

📍 At Bunnings Eltham

A huge thanks to our team of volunteers who are making this possible!

Further Information

Parents & Friends

✉ parentsassoc@shdiamondcreek.catholic.edu.au



Grab a snag from our BBQ kings!

FUNDRAISING



Book Club is back!

You can support our School by ordering from Book Club!



Orders Due Friday 14 June

Your order supports our School with 15 per cent of the spend coming back in Scholastic Rewards!

The rewards are used by our library to purchase additional books and library resources.

It's easy to order!

Order online

➤ scholastic.com.au/LOOP

Or order via the *Issue 4* brochure form

Orders due Friday 14 June

Further Information

Sasha Topolcsanyi

P&F Treasurer

parentsassoc@shdiamondcreek.catholic.edu.au



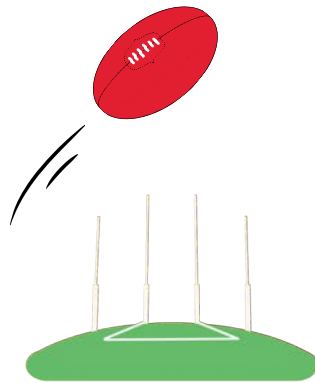
'Lording' it on the footy field!

Harry Lord, Year 6, was selected for the Dynamic Footy Skills Program, an initiative designed to develop the talents of young athletes.

Over a six-week preseason, Harry participated in various training sessions, including an AFL combine test and a match against Mill Park Football Club.

Harry's hard work and dedication paid off, as he was honoured with the "AAA" award for Ability, Ambition and Attitude.

Congratulations, Harry! Your commitment and passion for the game are truly inspiring.



Week 6 Students of the Week

Congratulations to our Week 6 Students of the Week who were presented with their certificates at Assembly on Monday!



L-R: (Back) Leo, Jacob, Eva, Alexander & Daniel; (Front) Katia, Toby, Eddie & Evren

STUDENT AWARDS

Student
of the Week



Our Value Awards are proudly presented to students who have displayed the value of 'mission' in their School day.

Well done to the following students for receiving this week's Awards:

F	Logan Griffin
1/2 CN	Emmy Foster
1/2 JP	Isla Wigmore
3/4 DR	Waynesmith Marindich
3/4 NM	Gus Thoroughgood & Hargun Ghuman
5/6 SF	Sarah Lyons
5/6 PA	Finn Gallagher

'Specialist of the Week' Award recipients

Well done to the following students for receiving this week's Specialist Awards

PE	Tom Bordignon
STEM	Heidi Madden
Performing Arts	1/2 JP
Visual Arts	Alice Holt
Environmental Science	Alannah Stanic & Alby Stanic



May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27 WEEK 7 A	28	29	30	31		
Music Lessons Assembly 3pm - Prayer Year 3/4 Church display - Foundation Reconciliation Week - until 3 June	Open Classroom 2.30pm-3.15pm	Year 3/4 Level Mass Auskick at Sacred Heart 3.45pm-4.45pm		Interschool Sport		

June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 WEEK 8 B	4	5	6	7	8	9
Music Lessons Assembly 3pm - Prayer Year 1/2 P&F Meeting 7.30pm		World Environment Day 'Feast Day' Lunch Orders Due Auskick at Sacred Heart 3.45-4.45pm		SACRED HEART FEAST DAY 9.15am Mass, Family Craft until 10.50am; Mr O'Sullivan Farewell 2.30pm		Parents & Friends BBQ Eltham Bunnings 8am-4pm
10 WEEK 9 A	11	12	13	14	15	16
KING'S BIRTHDAY HOLIDAY	Church display - Year 5/6 Confirmation Faith Night 5.30pm At St Thomas Year 6 families and sponsors	Senior Hoop Time TBC Auskick at Sacred Heart 3.45-4.45pm	PPC 7.30pm Year 1/2 Excursion - Gulf Station	Interschool Sport		Refugee Week - Until 22 June
17 WEEK 10 B	18	19	20	21	22	23
Music Lessons Assembly 3pm - Prayer Year 5/6	SAC 7.30pm	Auskick at Sacred Heart 3.45-4.45pm	World Refugee Day Uniform Shop 3.15pm-3.45pm	Interschool Sport Reports sent home		
24 WEEK 11 A	25	26	27	28		
Music Lessons Awards Ceremony & Final Assembly 2.30pm	Learning Conversations 4pm-6pm	Students Finish at 1.30pm Learning Conversations 2pm-7pm Auskick at Sacred Heart 3.45-4.45pm		FINISH TERM 2 1.30pm		

Sing • Act • Dance

Perform in a Show!

THE LION QUEEN

July Holiday Camp

Eltham College

Monday 8 to Friday 12 July



Eltham College
Monday 8 to Friday 12 July

For full details and to BOOK online
www.kidsupfront.com.au

kids
upfront
DRAMA ACADEMY

FAMILY TOURS TERM 2 DATES



Discover a World of Opportunities at Parade College



Term 2

- | | |
|---|--|
| <input type="checkbox"/> Tuesday 23 April | <input type="checkbox"/> Thursday 23 May |
| <input type="checkbox"/> Tuesday 30 April | <input type="checkbox"/> Thursday 6 June |
| <input type="checkbox"/> Wednesday 8 May | <input type="checkbox"/> Friday 14 June |
| <input type="checkbox"/> Tuesday 14 May | <input type="checkbox"/> Wednesday 19 June |

▪ Tours commence at 9:15am and conclude at 10:45am

Visit www.parade.vic.edu.au to book a Family Tour today

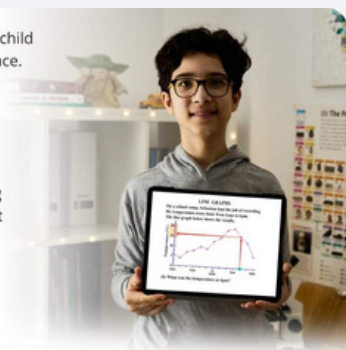


Supercharge Your Child's Capabilities with MathsOnline

To speak to
someone about
Mathsonline,
call us at
1300 882 045

MathsOnline is here to help your child succeed and build maths confidence.

With over 1,400 video tutorials and 50,000 interactive questions and worksheets, MathsOnline helps guide your children lesson by lesson allowing them to pause, rewind and repeat all or part of any video tutorial until they fully understand it.



Get started with a **free trial** today!

- Clear and concise step-by-step video lessons
- Interactive questions and worksheets to test understanding of topics
- Students receive immediate feedback on their answers, helping them to correct mistakes in real-time
- Available 24/7, giving students the flexibility to work when it's most convenient for them
- Automatic marking and progress reports to highlight areas needing support

Start your MathsOnline FREE trial today at
www.mathsonline.com.au

Do you have a daughter in Grade 5? Year 7 2026 enrolment applications close Friday, 16 August 2024.

Apply today via our website
clc.vic.edu.au/enrol

Limited tour spots available, register at
clc.vic.edu.au/enrol/book-a-tour



Hear from
our Principal
Stephanie Evans



KINDERGARTEN

SMARTIE PANTS EARLY LEARNING & DEVELOPMENT

A nurturing and stimulating environment where young children engage in a holistic approach to learning, fostering their development and preparing them for a life-long love of learning

- * Experienced team of teachers
- * Flexible, diverse & fun programs, delivered within an inclusive environment
- * Large outdoor spaces, with a focus on sustainability and the environment
- * Flexible Kindergarten timetable
- * Excursions for both 3 & 4 year old programs
- * Free Kinder (Victorian Government Kinder Offset program)
- * Serving our community for over 18 years



ENQUIRE NOW!

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www.smartiepants.com.au
Diamond Creek





ELTHAM
LACROSSE CLUB
POWERED BY
QUICK STIX
LACROSSE
LACROSSE & HOCKEY USE LACROSSE & HOCKEY EQUIPMENT

ALL AGES
equip supplied
Boys & Girls

Come & Try Lacrosse!

THUR 30 MAY 5:30PM
LOWER ELTHAM PARK

HAVE FUN LEARN SKILLS!

- *Free sausage sizzle for kids
- *Free sausage sizzle for kids
- *Food & drinks available
- *Food & drinks available

info@elthamlacrosseclub.com.au | 0419 003 495



U.C.
Tennis Club

SOCIAL MEET & GREET

22 June 2024
1:30 p.m.

Bring your Team!
Bring your Friends!
Bring your Families!
Or Bring Yourself!

MEET OUR NEW COACHES

Great chance to meet other members of the club.
Introduce new friends to TENNIS.

BYO Drinks/ Food Provided
Campbell St Reserve, Diamond Creek



FOOTBALL STAR ACADEMY

EXPLORE FOOTBALL STAR ACADEMY

FREE TRIAL

CREATING A MOVEMENT OF CHANGE FOR TOMORROW'S GRASSROOTS LEADERS **SSA**



FOOTBALL STAR ACADEMY

To Redeem TRIAL
SCAN QR Code

LOCATION: South Morang, Mill Park, Doreen, Mernda
HEAD COACH NAME: Michael Zagami
EMAIL: vic34.football@sportstaracademy.com
PHONE: 0406 805 074

SSA MORE THAN SPORT **AWARDS** Voted Best national school aged activity (5-12 years) 2023

1300 372 300
SPORTSTARACADEMY.COM



GOING BANANAS 2024
JUNGLE Rumble
WED 3 - FRI 5 JULY

Explore the
AMAZINGLY WILD JUNGLE
and enjoy games, bible stories,
songs, craft and more!

stjohnsdc.org.au/GoingBananas

\$25 per day \$60 for 3 days

Per Child Per Child
Financial subsidies available

Start 9:30am - Finish 3pm
includes all activities
BYO MORNING TEA AND LUNCH
(no nut products please)

Registrations essential - don't miss out!

ST JOHN'S
DIAMOND CREEK




FREE EVENT
ELECTRIC VEHICLE EXPO
Sunday 16 June
10am-4pm
Edendale Farm

- *Workshops
- *How to charge
- *EV display

Join the revolution

Info and registration
www.cleanenergynillumbik.org.au/evexpo2024

Proudly supported by
Nillumbik
The Green Wedge State

Another free
volunteer event from
Clean Energy
Nillumbik

Fly into the rest of Term 2 with VillageOSHC!

Glide through the rest of the term hassle-free with a low cost, guilt free, super fun Outside School Hours Care!

Your children will reach new heights of fun with our diverse range of arts and crafts, sports, science and group games to engage in!

Our highly-trained Educators, delicious snacks, and relaxing environment will have your children soaring on cloud-nine while in our care!



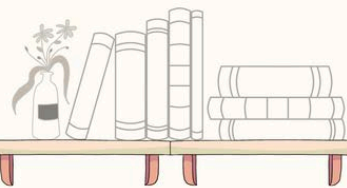
Enrol & Book today at VillageOSHC.com.au and breeze through the rest of Term 2!

Mental Health Book Club

Psychoeducation through discussing mental health themes in popular books
Meet like minded people in your age group

Group ages:

- 13-18 yrs
- 18-25 yrs
- 25+ yrs



each group will run every 6 weeks.
Cost of \$37. Rebates available through MHCP

For more information, contact
groups@unitedminds.org.au
or 8692 9949



To register your interest, scan the QR code



MyTime WARRANDYTE

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Warrandyte Community Church
57 Yarra Street, Warrandyte
Park & Enter at back of building
Fridays Fortnightly 9.30am - 11.30am.
CONTACT:

Sue Batcheler
Suzanneb@mytimevic.com.au
0413 655 659

Unwind and share experiences with others who understand



mytime.net.au

MyTime term plan

mytime.net.au

Fridays, fortnightly

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
19th April 2024	Coffee & Chat	Blowing & Catching Bubbles
3rd May 2024	Mini High Tea	Paint Hand Print Pictures
17th May 2024	Make: Decorate & Plant Herb Pots (all materials supplied by Bunnings)	Treasure Hunt around the Play Space
31st May 2024	Guest Speaker: Kate Dawson, Carer Gateway. Discussing Services provided for carers	Songs & Stories
14th June 2024	Coffee & Chat	Build a Toy Village
28th June 2024	Make: Kid's Edible Fancy Treats (all materials supplied)	Let's Be Wombats Make Wombat Masks

NO SESSION ON EXTREME OR CATASTROPHIC FIRE RATING DAYS

*activities may vary depending on group interests and ability.



It's support for you



It's free to join



Professional support



Pre-school aged children are welcome