

SACRED HEART *News*



Working together to build a learning community that embraces faith, diversity & personal growth



Principal's Message

Welcome back to Term 2, everyone!

We hope you had a fantastic Easter break and are looking forward to another term filled with fun, learning and community spirit.

Our students have settled beautifully for a term that promises to be exciting with our Colour Fun Run, 50 Days of Foundation, Parish Women's Dinner, Hoop Time Basketball Tournament, Sacrament of First Eucharist, Year 5/6 Camp, Year 4 Loyola College visit, Auskick at Sacred Heart, Mother's Day Stall & Celebration, National Walk Safely to School Day, hosting the GATEWAYS extension program, District Cross Country, CFA Incursion (F-2), Sacred Heart Athletics Carnival, Sacred Heart Feast Day and Confirmation Faith Night.

I invite you to get involved whether it's by coming along to events, volunteering or chatting with your child about what they're currently learning.

We share detailed Classroom Learning Updates here in *Sacred Heart News* each fortnight to help with these conversations and our general Term Overviews will come home today.

Your partnership and support are invaluable in your child's learning journey; it fosters a sense of belonging and unity and helps us embrace challenges as opportunities for growth and celebrate achievements.

Together, we can make this term a memorable and successful one for everyone!

I thank you all – our supportive parents, dedicated staff and hardworking students – for your continued support and partnership as we proudly create an environment where everyone thrives academically, socially and emotionally.

We look forward to a fantastic Term 2 ahead!

Mrs Gina Murphy
Principal

Mrs Jacinta Dalton
Deputy Principal

UPCOMING EVENTS

Start of Term Mass
Friday 19 April, 9.15am
All welcome!

SCHOOL CLOSURE DAYS

- **Thursday 25 April (ANZAC Day)**
- **Friday 26 April**

ANZAC Day Service
Thursday 25 April, meet at 10.15am
📍 Diamond Creek War Memorial
All welcome - students wear Summer Uniform

Colour Fun Run
Monday 29 April, 12pm-1.10pm
📍 On the School Oval

50 Days of Foundation
Thursday 2 May

Parish Women's Dinner
Friday 3 May
📍 In the Parish Hall
BOOKINGS CLOSE SOON!

Sacrament of First Eucharist
Saturday 4 & Sunday 5 May

Year 5/6 Camp
6-8 May

Free Dress Day - Mackillop House (Red)
Thursday 9 May
Term 1 House Winners

AT A GLANCE

Uniform Shop Open
Thursday 18 April, 3.15pm-3.45pm
📍 In the Community Centre

Assembly
Each Monday, 3pm
📍 In the Community Centre
All welcome!



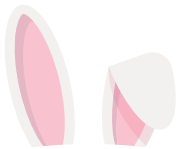
Anzac Day Service

All students and families are invited to attend the Diamond Creek RSL Sub Branch ANZAC Day Service at the Diamond Creek Cenotaph.

Thursday 25 April
Service commences at 10.30am
Diamond Creek War Memorial
📍 Reserve Circuit, Diamond Creek

Our School Leaders will be laying a wreath on behalf of our School community.

Students attending should please wear Summer Uniform and meet Mrs Sandy Morgan at the memorial at 10.15am.



Easter Raffle Success!

Our Easter Donation Drive was a huge success at the end of last term, with the Raffle raising a record-breaking \$2,012!

We are truly touched by the abundance of donations families donated ranging from yummy Easter eggs to cute books, fun jewellery, and much more.

We extend our heartfelt gratitude to each and every one of you who contributed to making the Easter Raffle a remarkable success.

Your generosity embodies the true spirit of community and compassion, reminding us of the profound impact we can create when we come together for a common cause.

Thank you to the amazing members of our Parents & Friends Association for organising this fundraising activity - Raffle Coordinator, Leah Wigmore, and helpers, Lashay Cartledge and Sarah Wallis, and all families that were able to support this.

Congratulations to all of our lucky winners!

HAVE YOUR SAY

Sacred Heart Community Voice



Virtual Art Tour!

VIRTUAL ART TOUR

We had over 300 views of our young artists' amazing Term 1 work with our 'Art Tour' on social media over the holidays - and lots of love for our wonderful, Mrs Collins!



WELCOME

We warmly welcome the returning **Zagami family** and new student, **Mateo Zagami**, of Foundation!



Example only

Exciting Playground *News!*

We are proud to announce that we have appointed a contractor to create our much-anticipated New Playground!

JT Landscape Constructions will commence on Monday 13 May with the exciting project expected to take around six weeks to complete.

This exciting milestone is thanks to you - our amazing School Community - for your contribution in getting this huge project off the ground with your incredible generosity and support of all of our Parents & Friends group's fundraising efforts.

Watch this space!

LEAVE YOUR MARK



The Nardella Family very happy with their plaque!

'Leave Your Mark' Continues in 2024!

With our new School Playground just around the corner, we invite families wishing to contribute to this landmark project to leave their mark as part of their legacy.

Get your family's personalised plaque to feature in the new playground landscaping, today!

➤ **Order here or via CDF!**

*Our sincere thanks to **Alfex Laser** for the generous sponsorship of our plaques!*

www.alfex.com.au





Spotlight on Year 1/2!



We have welcomed a new companion, Leo the Seahorse, in Year 1/2!

Each week, Leo travels home to a student's house and shares some fun times as part of that family.

In a journal, students use their writing skills, photos and drawings to record Leo's experiences at their house.

Over the holidays, Leo was even lucky enough to visit some of his ocean friends at the aquarium!

**Mrs Claudia Neale, Miss Jemma Parker & Mrs Amy Weninger
Year 1/2 Classroom Teachers**



Production Update!

'Split Decision' | Thursday 17 October

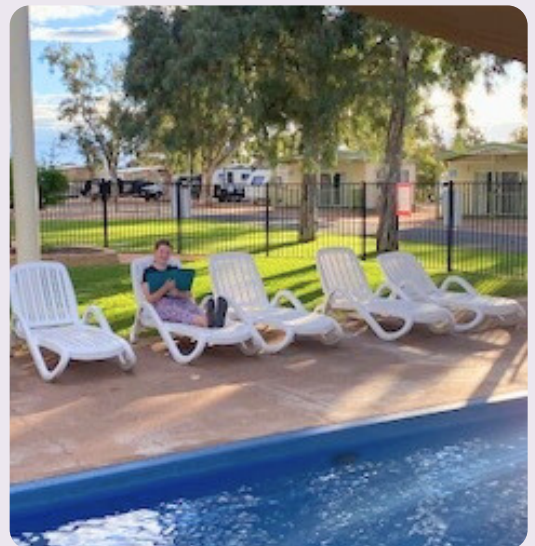
Our young actors have been busy over the holidays studying their scripts and even submitting assessments of their characters - such a great commitment from our cast!

We have a massive term coming up working on all class items as well as rehearsals each week with the *Split Decision* cast.

Stay tuned!



Eva Parker, Year 6, learning her lines over the holidays!



Our script even went interstate to Port Augusta SA with Megan Lamb, Year 6!



Our Principal goes *back to class!*

In Term 2, I am so excited to be spending some time in each class to support the learning for our wonderful teachers and students!

Each morning, I will visit classes from Foundation to Year 6, which gives me a fantastic opportunity to see our School in action, keeping that all-important contact and support for staff and nurturing the vital connection with our students.

With our focus on student wellbeing, I will also be supporting Mrs Sandy Morgan with our exclusive Westmeads Feelings Program each week; this is a fantastic program that gives students additional support with understanding and managing emotions.

You may also know that I am an avid sports lover so I am very excited to be taking an Interschool Sports Team on Fridays in Terms 2 and 3.

I am so grateful to be the Principal of our wonderful School and it is a privilege to be able to immerse myself in the classrooms, having a hands-on impact on our students' learning and wellbeing everywhere from the classroom to the sports fields.

I look forward to working with each of your children!

Gina.



Mrs Murphy with our attentive Foundation students!

PHYSICAL EDUCATION

Run for... *Colour!*

The big day is coming - we are so excited to host the Sacred Heart Colour Explosion School Fun Run!



Monday 29 April
12pm-1.10pm
 📍 **On the School Oval**

This exciting event will see students burst through explosions of colour as they run and have fun!

District Trials

It will also form the trials for District Cross Country for students in Years 3 to 6 with different age groups running their respective Cross Country distances.

What to wear

Make the most of the fun and wear a white or light-coloured T-shirt! Students can bring a T-shirt with their name on it in the lead-up or bring it on the day. The colour powder is non-toxic but may stain some fabrics. Students will also need to wear their hats and sunscreen and bring a water bottle.

Parent helpers

Parents are invited to attend, and parent helpers for the event are much appreciated. Please respond via Operoo or email below; parent helpers are asked to meet Jemma at 11.50am on the day to be notified of their role.

Further Information

Miss Jemma Parker
Sports Coordinator

✉ jparker@shdiamondcreek.catholic.edu.au

Final Call!

Bookings close next week!

You are warmly invited to this exciting event - gather a table of school mums and friends and get set for a fantastic evening!

➔ www.trybooking.com/CQICQ by Wednesday 24 April

AN INVITATION TO ALL WOMEN



Women's Dinner
Sacred Heart 2024

Friday 3 May @ 7pm

Sacred Heart Parish Hall
25 GIPSON STREET, DIAMOND CREEK

ENJOY A TWO-COURSE MEAL AND AN EVENING OUT WITH FRIENDS AND OUR INSPIRATIONAL GUEST SPEAKER **LINDA PETROVSKI**

World Transplant Games Gold Medallist & Owner of Infinity 360 Health & Fitness, Diamond Creek, LINDA'S empowering story is one of resilience and gratitude as a kidney donor recipient and Fit for Life Ambassador for Transplant Australia.

DON'T MISS THIS OPPORTUNITY TO BE MOTIVATED AND UPLIFTED!

👥 INDIVIDUAL & GROUP BOOKINGS (MAX 10 PER TABLE) WELCOME

💰 \$35 PER HEAD, BYO DRINKS & GLASSES

🌐 www.trybooking.com/CQICQ 

🙏 RAFFLE DONATIONS & OFFERS OF HELP ARE GREATLY APPRECIATED

📞 Direct Bookings & Enquiries
PATRICIA 0418 992 488 OR TONINA 0419 154 524 



CATHOLIC IDENTITY



Catholic Social Teachings

In our commitment to fostering a compassionate and inclusive environment, it is crucial to understand and embrace the profound principles of Catholic Social Teachings (CST) that guide our actions.

Rooted in the Gospel and the Church's rich tradition, CST calls us to build a more just and loving society. At the core of CST are seven principles: life and dignity of the human person, the common good, subsidiarity, solidarity, option for the poor, care for creation and the dignity of work.

These teachings remind us to recognise the inherent value of each person, promote community wellbeing, support the vulnerable and steward God's creation responsibly.

As a Sacred Heart family, let us actively embody these principles in our daily lives. By respecting each person's dignity, contributing to the common good, and standing in solidarity with those in need, we strengthen the bonds of our community and live out the Gospel message.

Together, let us nurture compassionate hearts that reflect the transformative power of Catholic Social Teachings.

Through our collective efforts, we can be a beacon of love, justice, and mercy, embodying the values that define our faith.

Mrs Claire Molina
Religious Education Leader



Yoga at Sacred Heart

Come and join in our gentle flowing yoga at Sacred Heart!

Monday evenings
7pm-8.30pm
 In the Community Centre

Welcoming members of the public, learn the skills to calm the mind, meditate, gently tone the body and enjoy a deep relaxation.

Further Information

Check out the True Breath website

➤ www.truebreath.com.au

A Message from Dr Edward Simons

We hold in our hearts and prayers all who are experiencing loss and disbelief in the face of the recent Sydney tragedy.

Because we know media coverage can cause distress or worry for children, I take this opportunity to remind you of the resources and support available to your children who may be distressed or unsettled by the events.

For guidance on helping children cope with the impact of disaster-related news coverage, visit the [Trauma and Grief Network website](#).

May Jesus Christ accompany us with solace during the days ahead.

Dr Edward Simons
EXECUTIVE DIRECTOR OF EDUCATION
MELBOURNE ARCHDIOCESE CATHOLIC SCHOOLS

OPEN PARACHUTE PROGRAM



Finding Calm

In Term 1, we learnt about strong feelings and finding calm in our Open Parachute sessions.

We learned that feelings are signals from our bodies and have been practising the skills of recognising and interpreting the emotional cues from our friends.

We learned that feeling 'bored' is important to help unleash our creativity and have had opportunities to unleash our creativity at School, especially by making "zen tangles".

It can be tricky to share our feelings with others and we have practised the skill of taking small steps to build courage for emotional expression.

Click on the link for more information with activities to practise these skills at home too.

[Open Parachute](#)

➤ Yours in wellbeing,

Ms Kerry Neilson
Wellbeing Leader



You're invited!

We warmly invite all mothers, grandmothers and special people to join us in celebrating the wonderful women of Sacred Heart!

Join students for a special presentation followed by a mini picnic with them on the School Oval.

Mother's Day Picnic
Friday 10 May, 2.45pm
 ♣ In the Community Centre

Please RSVP via Operoo; mini hamper provided, BYO picnic rug

Further Information

Parents & Friends

✉ parentsassoc@shdiamondcreek.catholic.edu.au


SACRED HEART PRIMARY SCHOOL
Parents & Friends Association

Mother's Day Picnic

FRI
10
MAY

2.45PM ♣ IN THE COMMUNITY CENTRE

Join us for a special presentation followed by a mini picnic with students on the School Oval!

RSVP via Operoo; mini hamper provided, please BYO picnic rug

Enquiries to: parentsassoc@shdiamondcreek.catholic.edu.au

JOIN IN THE FUN


SACRED HEART PRIMARY SCHOOL
Parents & Friends Association

Mother's Day Stall

THUR
9
MAY

♣ IN THE COMMUNITY CENTRE

Students are invited to hand-pick a special gift to make mum's, grandma's or that special someone's day!

Prices from approximately \$1 to \$12; please ensure your child brings their money in a clearly marked envelope

Enquiries to: parentsassoc@shdiamondcreek.catholic.edu.au

Make mum's day!

Each year to honour our wonderful Sacred Heart mums, the Parents & Friends group hosts special Mother's Day celebrations.

We invite the community to get involved!

Volunteer at the Mother's Day Stall!

Help our little ones shop for their special something for mum!

Thursday 9 May, 9am-12pm

♣ In the Community Centre

ARE YOU A MAKER, BAKER OR CRAFTER?

We'd love to include homemade items at our Mother's Day Stall.

If you make or craft something you think our kids and mums would love, please get in touch!

Contact

Belle Harte (Eli, Year 1; Alfie, Year 3)
 Mother's Day Stall Coordinator
 ☎ 0467 634 955



Term 2 Student Leaders

Congratulations to the following students who received Class Leader positions for Term 2!

FOUNDATION - Archie Stokes & Grace Matulick
1/2 CN - Emmy Foster & Nikita Nicholson
1/2 JP - Sully Koster & Chloe Sinclair

These students will be presented at Assembly on Monday at 3pm.



Term 2 Value 'Mission'

Our focus for Term 2 is on Mission.

This value holds deep significance in both biblical teachings and Catholic traditions.

In a Catholic context, mission refers to the call to spread the message of Jesus Christ, serve others, and promote justice, peace and love. It's about living out one's faith through action, embodying the values of Jesus in daily life.

Throughout the Bible, especially in the New Testament, we find the importance of spreading the Gospel. Jesus' Great Commission in Matthew 28:19-20 and Mark 16:15 highlights the mission to share the Good News with all creation.

Catholic teachings emphasise living a life of service and love, reflecting Christ's compassion. The Church encourages members to serve those in need and advocate for justice.

In our School setting, teaching the value of mission involves helping students understand their role as young disciples of Christ and empowering them to make a positive difference in their communities through activities like community service projects and discussions on social justice.

By focusing on the value of mission in Term 2, students learn faith in action, develop a sense of responsibility towards others and understand what it means to follow Christ in today's world.

Our Value Awards are proudly presented each fortnight to students who display the value of 'Mission' throughout their School day.

STUDENT AWARDS

Student
of the Week



Our Value Awards are proudly presented to students who display the value of 'Mission' throughout their School day.

Well done to the following students for receiving this week's Awards

F	Madeleine Bordingnon
1/2 CN	Tomi Ray
1/2 JP	Scarlett Brack
3/4 DR	Ava Brack
3/4 NM	Jasmina Khiara
5/6 SF	Benji Collins
5/6 PA	Daniel Buttigieg

'Specialist of the Week' Award recipients

Well done to the following students for receiving this week's Specialist Awards

Indonesian PE STEM	Caitlin Waddington Elodie Carafa Harvey Su'a
Environmental Science	Harley & Eden Chatfield-Cartledge
Performing Arts	Penny Gibbs
Visual Arts	Gus Thoroughgood





Evie's Tennis time

Evie Jones, Year 5, represented Sacred Heart at the School Sports Victoria Regional Tennis Competition at Eaglemont Tennis Club in March.

Evie won one set and lost one so unfortunately didn't make it to the semi-finals. She played well and represented our School with great sportsmanship.

Over the holidays, Evie then competed in the Myrtleford Easter Tennis Tournament. Competing in the under 10s combined singles she made it to the semi-finals and also competed in the under 12 girls singles.

She won the Grand Final 6-4!

Congratulations Evie on your success, we are super proud of you!



Basketball Buddies

Eli Harte, Toby Johansen and Sully Koster, Year 1, (Creekers U8's 04) **Noah Coleman, Year 1**, and **Alby Stanic, Foundation**, (Creekers U8's 06) played against each other in the last week of term.

Great game, guys! →



AFL School Trials

Congratulations to **Finn Gallagher, Year 5**, and **Harry Lord, Year 6**, for representing Sacred Heart at the primary school AFL trials at the end of last term.

This is a great achievement for both boys, well done!

STUDENT ACHIEVEMENT

Stellar end to

Ski Season!

These holidays saw the last race of the season for the Chatfield-Cartledge boys with the Mildura 100 Ski Race.

Harley, Year 2, came first in Under 10s for the second year in a row!

Once again, he was brought home safe by Driver, Uncle Jase, and cousin/idol, Kohdi Cartledge observing.

It also saw **Eden, Foundation**, complete his first exhibition ski at a big event, along with 21 other juniors.

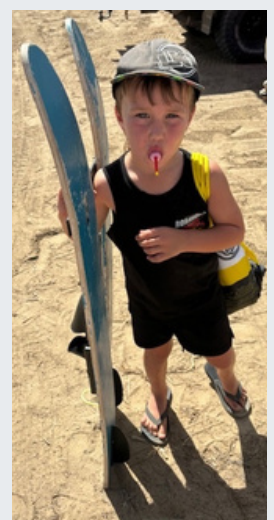
Well done to both Harley and Eden!



Winner, **Harley**, with cousin Kohdi (L) and Uncle Jase (R)



Harley, Year 2



Eden, Foundation



General Notices

2025 Enrolments

We are currently accepting 2025 enrolments

We encourage current families with children commencing in 2025 to complete and return enrolment forms as soon as possible.

✉ office@shdiamondcreek.catholic.edu.au

Uniform Change Over

As the weather cools in Term 2, we wear and welcome the Winter School Uniform!

A two-week transition period of Summer to Winter uniform is allowed so families have time to ensure they have the items, and in the event of a mix of warmer and colder weather.

Reminder that all students are to wear the correct Winter Uniform by Monday 29 April.

Uniform Labels

Please check that names are clearly labelled on uniform items.

The most frequently lost items are those that are easily taken off during the day – jumpers and sports tops, particularly at this time of year with children wearing them to school in the morning and removing them as they start moving at recess time when it is warmer.

Please take a moment to check your child's garments are clearly labelled with their name.

Uniform Shop



The Uniform Shop will be open 3.15pm-3.45pm:

- 18 April
- 16 May
- 20 June

📍 In the Community Centre

Further Information

Maddie Jones

Uniform Shop Manager

☎ 0411 718 811



Sacred Heart Primary School

493 likes · 538 followers

Working together to build a learning community that embraces faith, diversity & personal growth

Stay Up-to-date!

Social Media

Be sure to keep up with the daily fun at Sacred Heart by following along on our socials.

Catch handy reminders, student and community news, impromptu stories and event information.

Be sure to get involved by liking, commenting and sharing the love - it really helps!

📘 [@SacredHeartPrimarySchool3089](https://www.facebook.com/SacredHeartPrimarySchool3089)

📷 [@sacred_heart_primary_school](https://www.instagram.com/sacred_heart_primary_school)

Newsletter

This newsletter, *Sacred Heart News*, is the School's flagship publication and aims to be a one-stop-shop for all you need to know.

We encourage parents to stay up-to-date with the latest news by reading the newsletter each week.

Access online

➡ www.shdiamondcreek.catholic.edu.au

Password: shdcnewsletter



WE LOVE FEEDBACK!

If you have any comments or feedback for *Sacred Heart News* or Sacred Heart Community Voice, we'd love to know!

✉ newsletter@shdiamondcreek.catholic.edu.au

IMPORTANT DATES | Term 2

Please note, while we endeavour to provide accurate information, the following dates are subject to change and updated weekly

April

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15 WEEK 1 A	16	17	18	19	20	21
START TERM 2 No Assembly Music Lessons	School Photos - Advanced Life SAC 7.30pm		Overviews sent home Evacuation Drill 2.30pm Uniform Shop 3.15pm - 3.45pm	Start of Term Mass 9.15am		
22 WEEK 2 B	23	24	25	26	27	28
Music Lessons Assembly 3pm - Prayer RE Leaders			ANZAC DAY PUBLIC HOLIDAY	SCHOOL CLOSURE		
29 WEEK 3 A	30					
Music Lessons Colour Fun Run 12pm-1.10pm Assembly 3pm - Prayer Year 3/4 Church Display - Year 3/4						

May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		No hats needed	50 Days of Foundation Open Classroom 9.15-10am	Parish Women's Dinner, 7pm Junior Hoop Time Year 3/4	7.15pm First Eucharist Mass - St Peter's	9am First Eucharist Mass - Sacred Heart
6 WEEK 4 B	7	8	9	10	11	12
Music Lessons Year 5/6 Camp Assembly 3pm - Prayer Year 1/2 P&F Meeting 7.30pm Winter Uniform	Year 5/6 Camp	Year 5/6 Camp Year 1/2 Mass Secondary Experience - Year 4 to Loyola Auskick at Sacred Heart 3.30-4.30pm	Free Dress Day - MacKillop House Mother's Day Stall Feast of the Ascension Liturgy in class PPC Meeting 7.30pm	ISS Winter begins Mother's Day Picnic, 2.45pm National Walk Safely to School Day		MOTHER'S DAY CatholicCare Family Week - until 18 May
13 WEEK 5 A	14	15	16	17	18	19
Music Lessons Assembly 3pm - Prayer Foun. Church display - Year 1/2 GATEWAYS at Sacred Heart	Year 3/4 Excursion Immigration Museum	International Day of Families Year 5/6 Mass Auskick at Sacred Heart 3.30-4.30pm		ISS Teeth on Wheels		Pentecost Sunday

May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
20 WEEK 6 B	21	22	23	24	25	26
Music Lessons Assembly 3pm - Prayer Year 5/6	SAC 7.30pm	CFA Incursion F-2 12pm Foundation Mass National Simultaneous Story Time Auskick at Sacred Heart 3.30- 4.30pm	Sacred Heart Athletics Carnival	ISS		Reconciliation Week National Sorry Day
27 WEEK 7 A	28	29	30	31		
Music Lessons Assembly 3pm - Prayer Year 3/4 Church display - Foundation Reconciliation Week - until 3 June	Open Classroom 2.30pm-3.15pm	Year 3/4 Level Mass Auskick at Sacred Heart 3.30pm-4.30pm		ISS		

June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 WEEK 8 B	4	5	6	7	8	9
Music Lessons Assembly 3pm - Prayer Year 1/2 P&F Meeting 7.30pm		World Environment Day Auskick at Sacred Heart 3.30-4.30pm		ISS SACRED HEART FEAST DAY Mr O'Sullivan Farewell 2pm		
10 WEEK 9 A	11	12	13	14	15	16
KING'S BIRTHDAY HOLIDAY	Church display - Year 5/6 Confirmation Faith Night 5.30pm At St Thomas Year 6 families and sponsors	Senior Hoop Time TBC Auskick at Sacred Heart 3.30-4.30pm	PPC 7.30pm Year 1/2 Excursion - Gulf Station	ISS		Refugee Week - Until 22 June
17 WEEK 10 B	18	19	20	21	22	23
Music Lessons Assembly 3pm - Prayer Year 5/6	SAC 7.30pm	Auskick at Sacred Heart 3.30-4.30pm	World Refugee Day Uniform Shop 3.15pm-3.45pm	ISS Reports sent home		
24 WEEK 11 A	25	26	27	28		
Music Lessons Awards Ceremony & Final Assembly 2.30pm	Learning Conversations 4pm-6pm	Learning Conversations 2pm- 7pm Students Finish at 1.30pm Auskick at Sacred Heart 3.30-4.30pm		FINISH TERM 2 1.30pm		

Youth Wrap Up

The latest Nillumbik Youth Wrap Up newsletter is out now! This community E-News aims to provide updates on the new and exciting initiatives and programs available to young people in the municipality.

- www.nillumbik.vic.gov.au

Become a Teacher's Aide - Certificate III in School-based Education Support

Embark on a flexible and rewarding career where you can make a meaningful impact on the lives of children with additional needs. This qualification will give you the skills and knowledge to provide assistance and support to teachers and students in a range of educational settings. This includes primary and secondary schools as well as schools for children with additional needs.

Our next course begins:

- 7 May in Rosanna (meets weekly alternating between online and face-to-face classes)

Speak to us about real employment outcomes achieved by our graduates. Ring Prace on 9462 6077 to enrol or visit our website: <https://prace.vic.edu.au/>

Parenting with Confidence 2024

Through this practical parenting program, delivered across five weeks and hosted by Family Support Worker Joan Lauricella, you will learn positive parenting strategies.

- Learn tips to parent with confidence
- Practical positive parenting strategies
- Acquiring skills to help make parenting less stressful and more enjoyable
- How to promote positive behaviour in your child
- Developing positive relationships

Parenting with confidence is suitable for parents with children from 2 to 12 years of age.

Wednesdays – 15, 22, 29 May and 5, 12 June 2024

9.30am to 11.30am

healthAbility, 917 Main Road Eltham

Cost: \$100 per adult, \$150 couple and \$50 concession

Bookings: Essential via <https://www.trybooking.com/CPWQR>

For more information, please contact Joan Lauricella, Family Support Worker at joan.lauricella@healthability.org.au or phone 9430 9100.



OPEN DAY

SUNDAY, 5 MAY 2024: 1.00PM - 4.00PM

BOOK NOW VIA LOYOLA.VIC.EDU.AU/BOOKATOUR

FAMILY TOURS TERM 2 DATES



Discover a World of Opportunities at Parade College



Term 2

- Tuesday 23 April
- Tuesday 30 April
- Wednesday 8 May
- Tuesday 14 May
- Thursday 23 May
- Thursday 6 June
- Friday 14 June
- Wednesday 19 June

▪ Tours commence at 9:15am and conclude at 10:45am

Visit www.parade.vic.edu.au to book a Family Tour today

Fall into an Exciting Term 2 With VillageOSHC!

As the seasons change and the first term closes out, VillageOSHC is ready to welcome Term 2 with open arms!

We're launching into a pile of excitement next term! Ranging from creative activities and games, chowing down on nutritious snacks and coming together to create unique play-based learning experiences for children of all ages!

Book for Term 2 at VillageOSHC.com.au and fall into unbe-leaf-able adventures!

Book Today at VillageOSHC.com.au for Term 2!

Proudly brought to you by
Clean Energy Nillumbik

SUNDAY 21 APRIL

Sustainable House Day

Free event bookings essential

Guided tours of retrofitted, renovated and new homes across Nillumbik

Visit local gems and hear from the owners about how they created affordable, sustainable homes

Register now and receive your complimentary coffee voucher
CleanEnergyNillumbik.org.au/SHD2024

This event is part of Renew's nationwide Sustainable House Day program. View the full program at sustainable.houseday.com

Proudly supported by
Nillumbik
The Green Wedge Shire

PARADE COLLEGE

YEAR 7 INFORMATION EVENING

Wednesday 29 May @ 7pm

Optional Family Tours commence at 5:45pm

Visit www.parade.vic.edu.au to book



JOIN THE FUN!

Diamond Creek Mid-Week
Auskick Centre

Sacred Heart Primary School

Wednesdays 3:30pm-4:30pm

Contact: Jake Murphy
jake.murphy@afl.com.au

Scan the QR Code to Register!



AFL PLAY

FIND YOUR FOOTY

DIAMOND CREEK MID-WEEK SUPERKICK CENTRE

Sacred Heart Primary School
Wednesdays 3:30pm-4:30pm
Contact: jake.murphy@afl.com.au

AFL Superkick
play.afl/superkick

CUSTOM MOUTHGUARDS

No Gap with Dental Health Insurance
(cover of \$99 or more)
Or
\$99 for Private Patients

www.dentessence.com.au
 9438 5103

*18 & Under

UC Tennis Club

NEVER PLAYED?
WANT TO START OR RESTART?
WANT TO FIND A NEW CLUB OR A NEW COMPETITION?
ALL WELCOME

MEET OUR NEW COACHES and BOOK IN COACHING SESSIONS FOR NEXT TERM

SIMON WATSON & JOANNE LIMMER
(FORMER AUSSIE WORLD NO. 1 JUNIOR)

BOTH LOCAL COACHES WITH EXCELLENT CREDS AND A GENUINE INTEREST IN GROWING TENNIS IN OUR LOCAL AREA. (PHONE 0408 821322)
***** JUNIORS WANTED *****

45-49 CHALLENGER ST, DIAMOND CREEK
WE ARE AT , RIGHT NEXT TO THE CAMPBELL STREET RESERVE. (Enter VIA Campbell St)

WE HAVE 6 SYNTHETIC GRASS COURTS, ALL ON THE ONE LEVEL, ALL VIEWABLE FROM THE CLUBHOUSE.

NOTE: TENNIS IS TRULY A 'NON CONTACT' SPORT (NO TACKLING, NO PUSHING OR SHOIVING). A SPORT THAT SPANS A PLAYING LIFE OF (ESTIMATE) BETWEEN 4 AND 84 YEARS OF AGE.

CONTACT US IF YOUR INTERESTED IN FINDING OUT MORE ABOUT UC TENNIS CLUB, DIAMOND CREEK,

VISIT OUR WEBSITE: UCTENNISCLUB.COM.AU
PHONE: HEATHER HARTWIG – 0438 530671
EMAIL: INFO@UCTENNISCLUB.COM.AU

ANXIOUS MINDS

UNITE!

Are you a teen challenged by anxiety? You're not alone! Come join our supportive community where you can connect with others who understand your experience.

We are now accepting referrals for teens aged 13-18 years who experience anxiety to join our CBT based anxiety community group.

6x fortnightly sessions on a Thursday at 4:15pm starting on Thursday 2nd May 2024 at our Yarrambat Office

\$65 per session (Medicare and NDIS applicable)



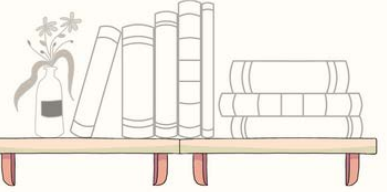
Mental Health Book Club

Psychoeducation through discussing mental health themes in popular books

Meet like minded people in your age group

Group ages:

- 13-18 yrs
- 18-25 yrs
- 25+ yrs



each group will run every 6 weeks. Cost of \$37. Rebates available through MHCP



For more information, contact groups@unitedminds.org.au or 8692 9949



To register your interest, scan the QR code



MyTime WARRANDYTE

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Warrandyte Community Church
57 Yarra Street, Warrandyte
Park & Enter at back of building
Fridays Fortnightly 9.30am - 11.30am

CONTACT:

Sue Batcheler
Suzanneb@mytimevic.com.au
0413 655 659

Unwind and share experiences with others who understand



mytime.net.au

MyTime term plan

mytime.net.au

Fridays, fortnightly

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
19th April 2024	Coffee & Chat	Blowing & Catching Bubbles
3rd May 2024	Mini High Tea	Paint Hand Print Pictures
17th May 2024	Make: Decorate & Plant Herb Pots (all materials supplied by Bunnings)	Treasure Hunt around the Play Space
31st May 2024	Guest Speaker: Kate Dawson, Carer Gateway. Discussing Services provided for carers	Songs & Stories
14th June 2024	Coffee & Chat	Build a Toy Village
28th June 2024	Make: Kid's Edible Fancy Treats (all materials supplied)	Let's Be Wombats Make Wombat Masks

NO SESSION ON EXTREME OR CATASTROPHIC FIRE RATING DAYS

*activities may vary depending on group interests and ability.



It's support for you



It's free to join



Professional support



Pre-school aged children are welcome